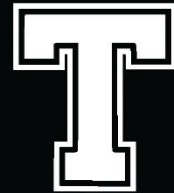




Sunday 14 June 2026

**WIN Network Marathon
Aussie Broadband Half Marathon
GOLD 1242 10km**



**TRARALGON
HARRIERS**

Est. 1967

EVENT HANDBOOK



Brought to you by



**Aussie
Broadband**



**LATROBE CITY
COUNCIL**

Traralgon Harriers Athletic Club and the Marathon Race Committee would like to thank the following organisations for making this year's event possible.

EVENT SPONSORS



SUPPORTERS



West Traralgon Scouts Group

Welcome

Welcome to the **59th Traralgon Marathon and Running Festival**, and to the beautiful **Latrobe City** region. We're excited for you to be part of Australia's longest running Marathon event!

We thank our event sponsors Latrobe City Council, WIN TV, Aussie Broadband and Radio GOLD 1242 for their continued support. We also thank our event hosts, the Glengarry Football Netball Club, and pass on our appreciation to their amazing volunteers and committee members.

Traralgon Harriers Athletic Club acknowledges the Gunaikurnai people, the traditional owners of the land on which we host this event, and pay our respects to Elders past, present and emerging.

This year's event offers a flat and fast course for those looking to smash a personal best time.

All three events – **the 42.2 km WIN TV Marathon, 21.1 km Aussie Broadband Half Marathon, and Gold 1242 Radio 10km** – follow an out-and-back course on the picturesque Gippsland Plains Rail Trail. The WIN TV Marathon is two loops of the half marathon course.

Please note you will need to collect your race bib with timing chip either on Saturday 13 June, or on race day Sunday 14 June prior to starting. **Please see the Event Schedule on page 9 for pick-up locations and times.**

Working closely with Latrobe City Council we hope to ensure the entire region is kept in pristine condition during and after event. We ask all athletes to assist us and ensure you discard of rubbish in the appropriate manner and use the discard areas on course at the Aid Stations.

We wish all participants the best of luck and hope you enjoy your time in Latrobe City. We look forward to seeing you cross the finish line!



Above (Right to Left): Harriers President Giuseppe Marino, Race Director and Harriers Vice President Desley Gray, and Marathon Committee Member Marieka Reilly

Course Maps, Start and Finish Instructions

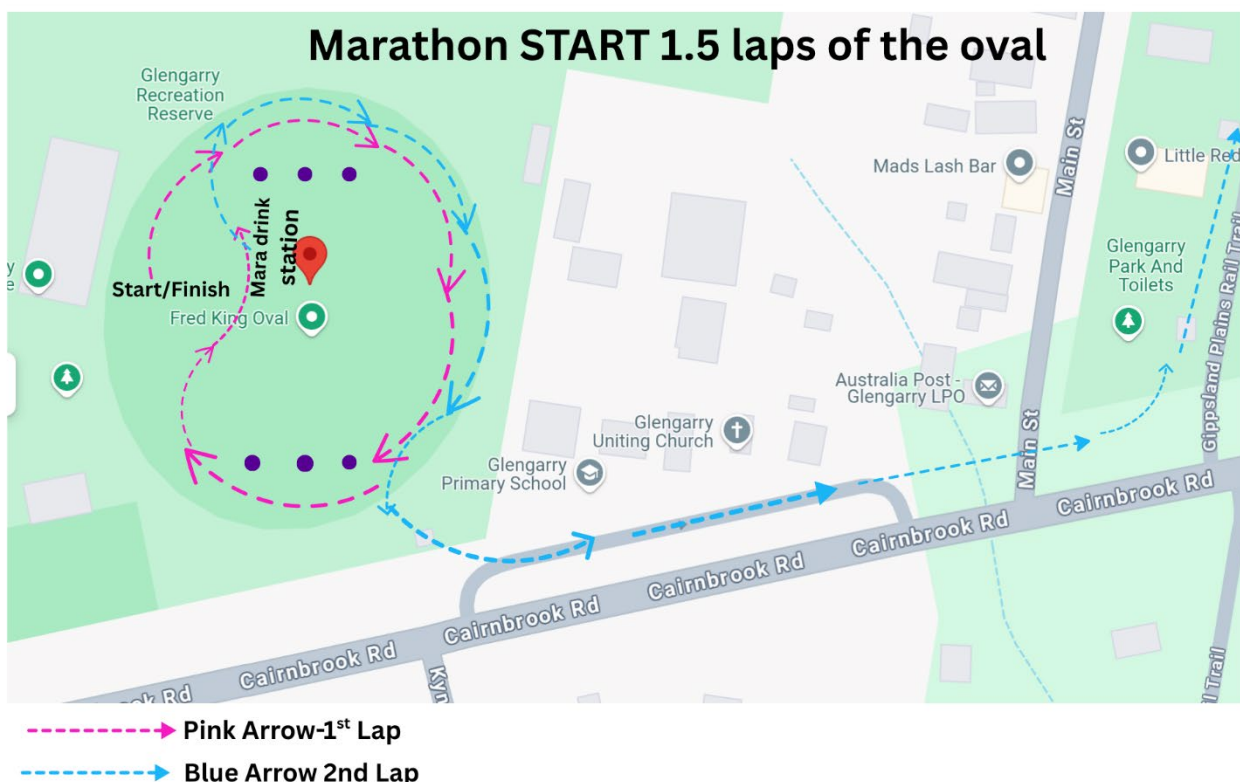
All three distances feature a memorable start and finish on the main oval of the Glengarry Football Netball Club.

IMPORTANT NOTE: We strongly encourage all athletes to view the course information provided below and via the [Course Information website \(click here\)](#).

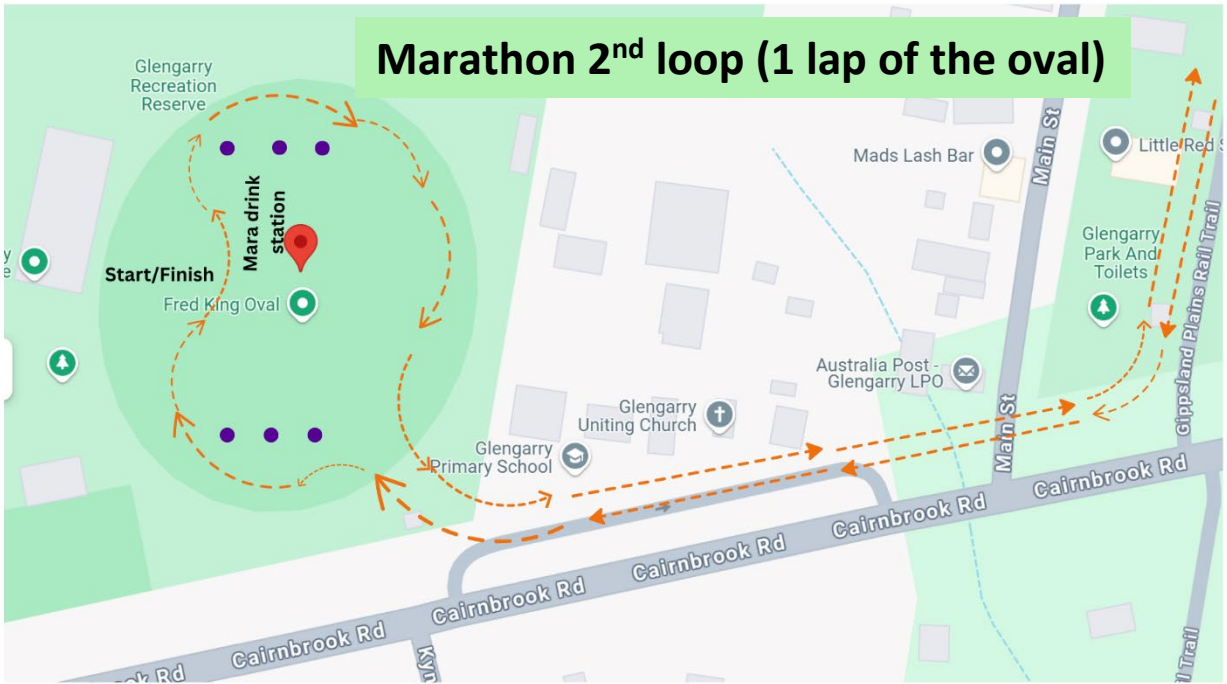
Course maps are available to view online, which include water station and toilet locations:

- [GOLD 1242 10km](#)
- [Aussie Broadband Half Marathon 21.1km](#)
- [WIN Network Traralgon Marathon 42.2km](#)

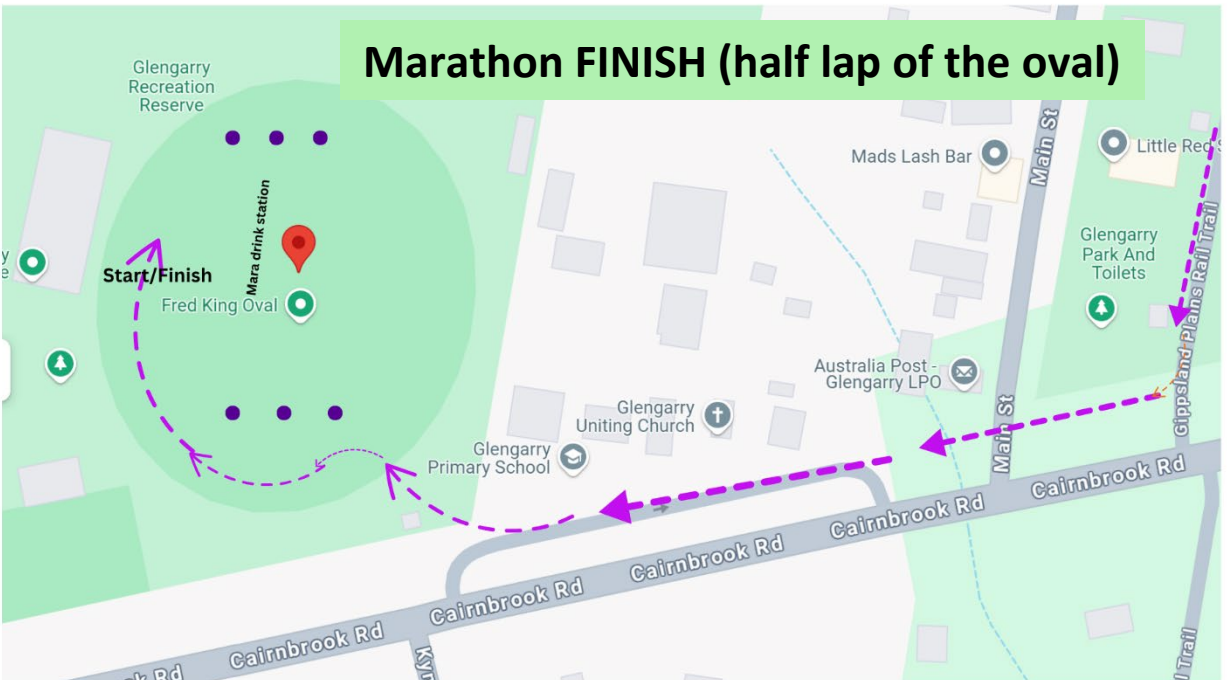
All starting and finishing from the [Glengarry Football Netball Club, Cairnbrook Road, Glengarry](#)

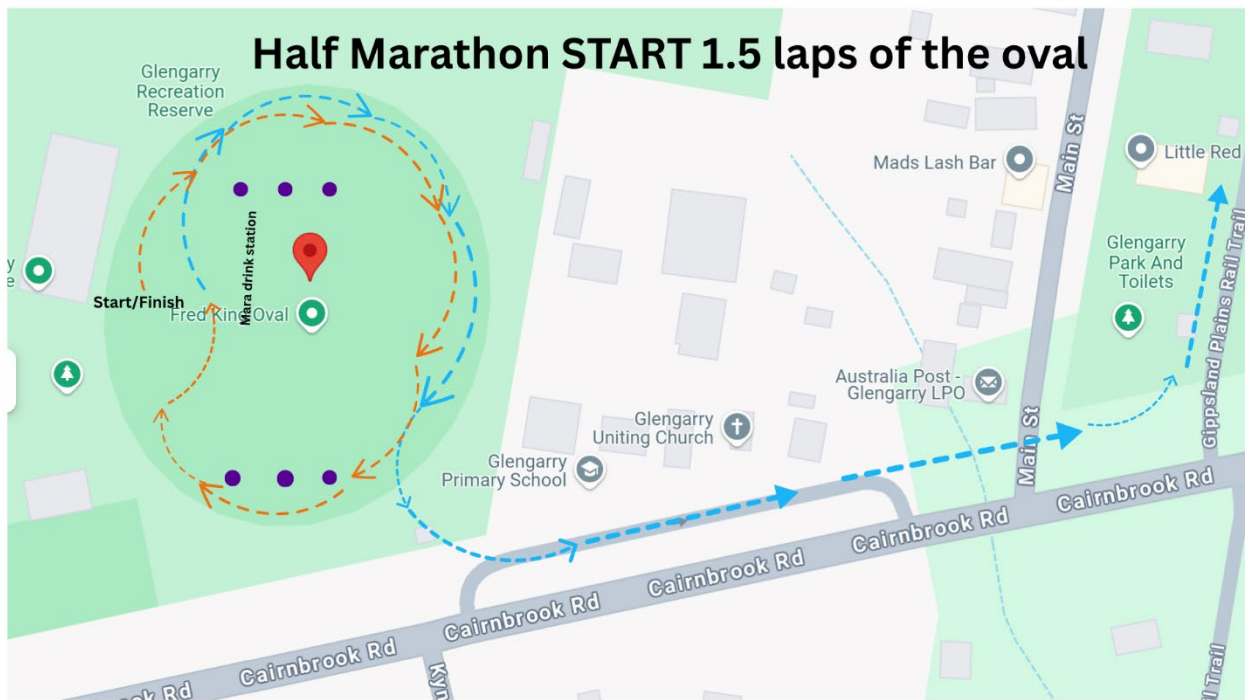


Marathon 2nd loop (1 lap of the oval)

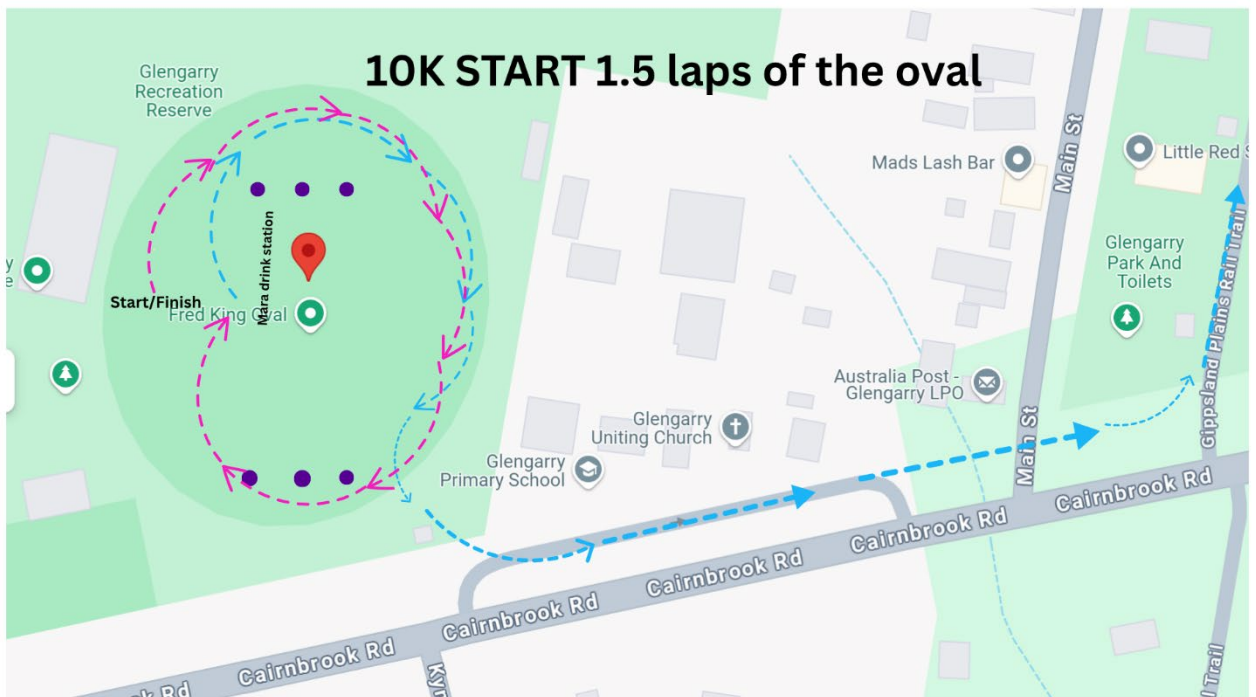


Marathon FINISH (half lap of the oval)





- > **Orange Arrow-1st Lap**
- > **Blue Arrow-2nd Lap**



- > **Pink Arrow-1st Lap**
- > **Blue Arrow- 2nd Lap**

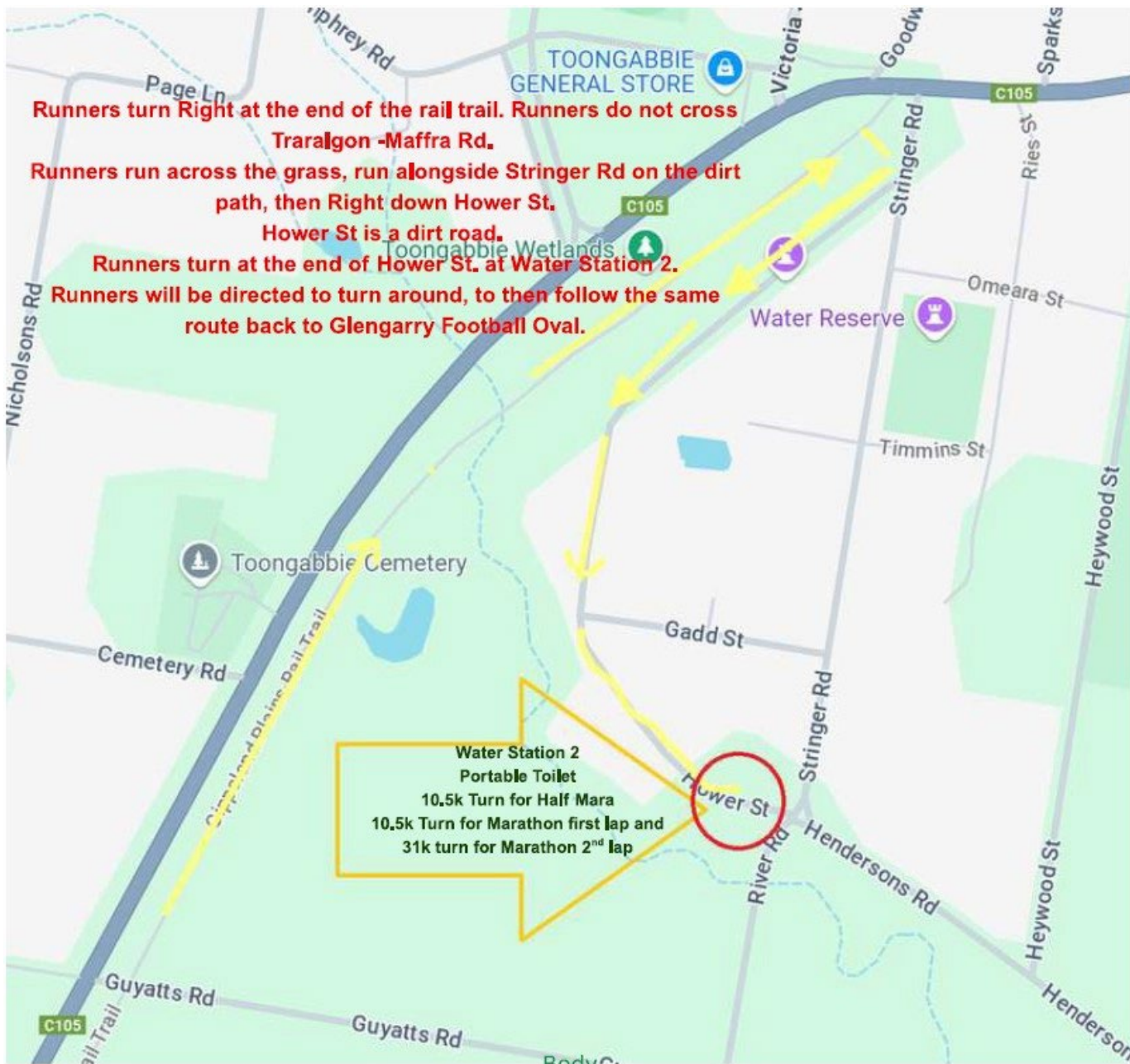


Aid Stations

Aid Station	Location	What
1	Chappels Rd (TURN POINT FOR 10KM EVENT)	Station #1 Water / Electrolytes
2	End of Hower Street, Toongabbie (TURN POINT FOR HALF MARATHON AND MARATHON)	Station #2 Water / Electrolytes Personal Nutrition Items
3	Glengarry oval (for Marathon runners only)	Station #3 Water / Electrolytes Personal Nutrition Items
4	Finish Line	Water
5	Glengarry Football Netball Club function area (main clubrooms)	Lunch-pasta and soup. Coffee Van

[Please see course maps for locations](#)

Half Marathon and Marathon Turn Around Point



Toilets on Course

Runners will pass several toilets.

1. There are four public toilets located in Glengarry, on your left-hand side as you turn onto the Gippsland Plains Rail Trail, heading towards Toongabbie.
2. Portable toilets will be located at Water Station #2 at the end of Hower Street, Toongabbie (see map above for details).

Event Schedule

Saturday 13 June 2026

Time	What	Where
2.00 pm – 4.00 pm	Bib Collection	Kay Street Gardens Traralgon Traralgon Cenotaph War Memorial https://goo.gl/maps/P7Hhd4ei3RgodHfk6

Sunday 14 June 2026

Time	What	Where
6.00 am	Event HQ Opens	Glengarry Football and Netball Club, Cairnbrook Road, Glengarry
7.00 am	Early Marathon Start * For runners expected to take longer than 6 hours. <i>(Please not there will be no drinks available at the first aid station)</i>	Start line area
7.00 am	Bib Collection Athletes will also be able to drop off any personal nutrition items. Please have each item clearly marked with your name	Glengarry FNC Clubrooms
7.35 am	Marathon briefing	Glengarry FNC Clubrooms
7.50am	Pacing Team Photo	Start line area
8.00 am	Marathon Start	
8.35 am	Half Marathon briefing	Glengarry FNC Clubrooms
9.00 am	Half Marathon Start	
9.35 am	10km Run briefing	Glengarry FNC Clubrooms
10.00 am	10 km Run Start	
10.30 am	First Runners Expected Home	
From 11am	Presentation start times (approximate): <ul style="list-style-type: none"> • 10km and Half Marathon at 11am • Marathon at 11:45am 	Glengarry FNC Clubrooms
1pm	Course Closed	

* **Early starts MUST BE PRE-ARRANGED** with the Race Director (contact@traralgonmarathon.org.au) at least 24 hours prior.

Race Rules

On Course

Section 1.0 General

- a) Athletes may run or walk
- b) It is the sole responsibility of each Athlete to know and follow the prescribed running course. No adjustments in times or results will be made, for any reason whatsoever, for athletes who fail to follow the proper course (e.g. if the Athlete runs in the wrong direction or runs more than necessary, time will **not** be subtracted from the Athlete's final race time.
- c) The Gippsland Plains Rail Trail is not closed to members of the public during the event. Please be mindful of other runners, walkers and bike riders. Please keep to the **LEFT-HAND SIDE**, while on the rail trail at all times.

Section 1.02 Legal Equipment

- a) Headphones are allowed during the run segment of the race, however, **please do not use noise cancelling or over-ear headphones**, which can impede your ability to hear instructions from marshals on course, as well as other competitors.
- b) Running with pets and/ or prams is **not permitted** during the event

Obey the direction of race officials and volunteers. Entrants ignoring marshals at road crossings may be disqualified.

Be courteous to all you encounter on the course. This includes staff, volunteers, traffic controllers and other users of the trail.

Trail and Road Markings

Arrows and additional signage will be present at key intersections.

Finish Line

Section 2.0 Finish Line Conduct

We ask that spectators stay **away from the finish shoot and off the oval**, to allow runners to finish and collect their medals, without obstructing participants. **No spectators on the oval please.** Ample spectator space is available outside the boundary railing and you will have a great view of runners as they pass the finish line.

Athlete Check List

Pre-Race Day, Saturday 13 June 2026

- Familiarise yourself with the event venue and key areas (see page 9) (Check-in, start, finish line, presentations, lunch)
- Familiarise yourself with any road closures
- Collect race bib kit (or alternatively on race day)

Race Day! Sunday 14 June 2026

- Ensure you have all items for your race including, shoes, bib with timing chip and something warm to wear after the event
- Bag drop (if relevant)
- Attend race briefing for your distance (**see page 9**)
- Start the race
- Finish the race
- Collect your medal
- Collect your items

Post Race

- Join the lunch and presentation at the Glengarry Football and Netball Club
- Warm up with a hot coffee from the coffee van which will be onsite all day
- Sausage sizzle, canteen and club bar will be open
- Upload your #medalmonday #finishlineselfie #traralgonmmarathon photo on your social media.

Race Kit

RACE BIB COLOURS

Win TV 42.2 km Marathon Race Bib colour is **BLUE**

Aussie Broadband 21.1 km Half Marathon Race Bib colour is **GREEN**

Gold 1242 10.0 km Race Bib colour is **RED**

RACE BIB / NUMBER

To be worn on the front of each athlete.

Do not fold or alter race bib number.

BAG DROP AVAILABLE

Place items required for post-race (collected in the recovery area). These can be dropped off on race morning. Athletes must supply their own bag.

Pacers

Representing the recently established *Gippy Pacers*, we have put together a group of motivated and encouraging runners to help you find your race day rhythm and achieve your marathon and half marathon goals.

If you plan on running with a pacer, we encourage you to introduce yourself to them prior to your run. Just look for them in their pink *Gippy Pacers* race bib!

MARATHON

3:00 Richard Ogilvie
3:15 Mitch Dowse
3:30 Steve Renehan
3:45 Tyler Hallett
4:00 Amy Morrison
4:15 Andrew Greenhill
4:30 Matthew Briggs
4:45 Shane Gavin
5:00 Susie Price
Tail Runner Adrian Sutcliffe

HALF MARATHON

1:30 Bill Barry
1:45 Tom Gafa
2:00 Dave Barr
2:15 Caitlin Pitt
2:30 Michelle Harris
Tail Runner Glenn Hadgkiss

10KM

Tail Runner Tania Whitehead

Cut-off times

The course closes at 1pm.

Early starts MUST BE PRE-ARRANGED with the Race Director (contact@traralgonmarathon.org.au) at least 24 hours prior.

If you expect to take longer than 6 hours for the full marathon, please consider the early starters group. The reason we have a 6-hour cut off is we love our volunteers and we want them back at the football ground by 1pm to enjoy lunch, along with all the runners and for them to be a part of the presentations, to say a big thank you to them all.

Contingence Plan


If/when the contingency plan needs to be implemented, you will be notified by the Race Director. This will be communicated by email, the Traralgon Harriers Facebook Page and Instagram.

Race Day Awards

Presentations for event winners will be starting from 11am in the Glengarry Football Netball Club function room. Medals will be provided to the 1st, 2nd and 3rd place male and female athletes for each of the three race event distances. There are no separate age-based medals.

All participants will collect their finisher medal after they cross the line.

Photos

Photographers will be on course throughout the morning, taking photos that will later be made available via Traralgon Harriers social media channels. We encourage runners to take some of their own snaps as you make your way through the course. **If you don't wish for your photo to be shared on social media, please use a crossed arm  gesture as you near the photographer.**

Results

Results and official times will be available post-event via the [Traralgon Marathon](#) and [Traralgon Harriers](#) websites.

Race Day Parking

Parking in and around Race HQ at Glengarry Football Netball Club will be at the direction of Parking Officials.

Please listen to the directions provided by our officials and volunteers, to ensure everyone enjoys a safe and hassle-free day.

Medical

A first aid provider will be engaged to provide first aid for all athletes.

First aid will be positioned at the Glengarry Football Netball Club. If you need assistance while on course, please seek assistance from either a Course Marshall, a Tail Runner or an Aid Station Volunteer. Aid Stations can be viewed on the course maps.

PLEASE NOTE: Athletes are responsible for any costs incurred because of a medical incident.

This includes, but is not limited to, ambulance transfers, hospital stays, and/or specialist treatment.

It is therefore strongly advised that all athletes hold adequate personal insurance.

Withdrawing during the race

If you need to withdraw from any race after you have crossed the start line, it is your responsibility to report this to a Race Official who will be located at the Race HQ at Glengarry Football Netball Club.

The Traralgon Harriers Athletic Club hope you enjoy the
**59th Traralgon Marathon and
Running Festival 2026**

**We look forward to seeing you return
in 2027 for our historic 60th year!**

